

Parashas Va'eschanan • Nachamu • July 31st • 10 Av

 **Reminders**

Many have the Minhag to stand when the Aseres Hadibros are leined in this week's Sidra. The Haftarah of Nachamu Nachamu Ami is leined; this is the first of the 7 Haftaros of consolation.

The final opportunity for Kiddush Levana is the night following Monday August 3rd at 1:11am.

Daf Yomi: Friday - Shabbos 147. There are 10 blatt left to Maseches Shabbos. The next Mesechta is Maseches Eruvin which contains 105 blatt.

Pirkei Avos: Chapter 3 (Chapter 4 in Eretz Yisrael)

Make sure to call your parents, in-laws, grandparents and Rabbi to wish them a good Shabbos. If you didn't speak to your kids today, make sure to do the same!

 **Tu B'Av**

This WEDNESDAY, August 5th is Tu B'Av. Tachanun is not recited, as well as by Mincha on Monday. Several notable events took place on Tu B'Av:

- The decree that the generation of the Midbar would die out and not enter Eretz Yisrael was not carried out upon those still remaining in this 40th year.
- The prohibition against daughters marrying outside of their Shevet was lifted.
- The prohibition enacted against Shevet Binyamin after the tragic episode of Pilegsh b'Givah was lifted..
- The single women of Yerushalayim would dress in white and dance in the vineyards seeking to attract appropriate

shidduchim.

- Hoshea removed the guards that Yeravam had placed to prevent Bnei Yisrael from being Oleh Regel.
- At the beginning of the Second Beis HaMikdash, the wood quota needed for that winter's korbanos was filled.
- The Roman occupiers permitted burial of the victims of the massacre at Betar during the Bar Kochba rebellion. Miraculously, the bodies had not decomposed, despite exposure to the elements for over a year.

 **Parshah in a Paragraph**

VA'ESCHANAN: Hashem denies Moshe's pleas to be allowed to enter Eretz Yisrael • Do not add or subtract from the commandments • Torah will make you great in the eyes of the nations • No nation is as close to Hashem as you • Remember how the Nation stood at Har Sinai • Hashem took you out of Mitzrayim to be his special people, serve no one but Him • Hashem will not forsake you in exile because of His covenant • Never has any nation been shown miracles like you've witnessed, or survived being addressed by Hashem • Hashem is Supreme and there is nothing beside Him • Moshe sets aside three Jordanian cities of refuge • The Aseres Hadibros • Shema Yisrael • The Mitzvah of Ahavas Hashem • Tefillin and Mezuzah • Do not forget Hashem amidst plenty • Transmit the story of the Exodus to your children • Destroy the nations of the land; don't mingle with them or learn from them • You are a holy nation to Hashem • Hashem is generous to those who love Him and keep His Mitzvos • Hashem punishes His enemies.

613 Taryag Weekly

VA'ESCHANAN: 118 Pesukim • 8 Obligations • 4 Prohibitions

- 1) Do not covet possessions of another.

- 2) Accept the yoke of heaven. 3) Love Hashem. 4) Set aside time to study. 5) Read Krias Shema twice daily. 6-7) Wear Tefillin on the arm and head. 8) Affix Mezuzos to your doorposts. 9) Do not suspect an accepted Navi of falsifying a prophecy. 10) Conquer and destroy the 7 Nations. 11) Do not be overly gracious or grant gifts to idol worshippers. 12) Do not wed with them.

Mitzvah Highlight: The Chinuch says that it is within the power of man to quash thoughts and pangs of jealousy which come to him, as one's heart and mind are in fact under a person's domain.

 **For the Shabbos Table**

"Nachamu Nachamu Ami"

Be comforted, be comforted My people (Haftarah - Shabbos Nachamu)

Since the sins of Bnei Yisrael were 'double', therefore the measure of punishment was 'doubled', and in the future, the redemption will be a 'double' consolation (Yalkut Shimoni).

What is the meaning of a "double sin"? The Darkei Mussar explains that although the Torah was given specifically to Klal Yisrael, the intent was for the Torah to reach and influence all of mankind. When Klal Yisrael, who were designed to be paragons of spirituality and morality, adheres to the Torah, it impacts the world to achieve greater levels of these. But when Klal Yisrael lacks in their spiritual standing, the level of all mankind lowers. Thus, their sins negatively impact not only themselves, but even society at large as well. Therefore, Klal Yisrael is deemed to have "sinned doubly", as the effect of their wrongdoings is felt both upon Klal Yisrael's spiritual level, and that of the world at large.